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SO THERE I WAS,

full of cheeseburger, sitting on the toilet. The porcelain throne. The john. In my office, so to speak, minding my business. I was trying to avoid my mom's friends from church who had taken over the living room. A full belly provided the excuse for privacy.



I like going to the bathroom. It's like a little vacay from the family unit. I can think in here. I can read, like you're doing now. Sometimes I stay a little longer than I need too just to have some alone time or rock out in front of the mirror. Sometimes I talk to God. It's a great time to . . .

"Oh, I'M SO SORRY! I didn't realize you were in here, sweetie."

Ooooooohhh, bummer; I left the door open. Hope my mom's friend wasn't totally traumatized. Quick, look: did you shut the door?

The door is important. In a moment of hurried weakness, I had failed to engage the primary protective agent of the restroom experience. The imaginary barrier between self and family unfortunately requires shutting an actual, physical door. I'm sorry, me, I have let you down.

Reminds me of a note my mom stuck in my backpack last week. It had Matthew 6:5-15 on it. You can read the whole thing when you get out of here, but this is the part that I just remembered:

"But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you." (Matt. 6:6)

Going somewhere to be alone to pray helps me focus better on God. The bathroom is a great place for that. I don't always pray in here, but I should always shut the door. It's rule #1 for #2.

YOUR  TURN

- **What do you think about prayer?**
- **What do you pray when you pray alone?**
- **Do you have special places you like to pray sometimes?**

Alright, you better get outta here. Ask your parent where they pray and what they like to pray about. And don't forget to flush!

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IT'S POSSIBLE THAT AS MANY AS ONE BILLION PEOPLE IN THE WORLD DO NOT HAVE A BATHROOM DOOR.



**Q: WHY SHOULD YOU ALWAYS REMEMBER TO FLUSH?
A: IT'S YOUR DOODY.**

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